



Sample Transition Policy

Six Core Elements of Health Care Transition 2.0

[*Practice Name*] is committed to helping our pediatric patients become better prepared for an adult model of health care at age 18 to continue on with our practice as young adults. At about age 14 we will begin to spend time during the visit without the parent present in order to answer questions, set health goals, and support increasing independence with health care. At age 18, youth legally become adults. We respect that many of our young adult patients choose to continue to involve their families in health care decisions. However, we will no longer be allowed to discuss anything with parents about care or share any personal health information without the young adult's written consent. To allow others to be involved in health care decisions requires that a signed consent form be completed, which we have at the clinic. If an adolescent has a condition that prevents him/her from making decisions, we encourage families to consider options for supported decision-making. Your health is important to us. If you have any questions or concerns, please feel free to contact us.